



Pohde offers pregnant persons prenatal screening tests in accordance with the Government Decree on Screenings (1243/2022) as follows: (Additional information and appointments: <https://pohde.fi/palvelut/sikiöseulonnat/> and QR code)

**First trimester ultrasound scan, usually carried out between 12 weeks + 0 days to 13 weeks + 6 days of pregnancy.**

The ultrasound shows the baby's heartbeat, gestational length as well as the position and number of foetuses. Some of the more severe abnormalities in the structure of the foetus may be detected already at this stage of pregnancy. Book an appointment for the ultrasound scan through the OmaOYS online booking system. If problems arise or if you do not know the duration of your pregnancy, contact your maternity clinic.

**Screening for the risk of chromosomal abnormalities**

includes a **blood sample** to be taken between 9 weeks + 0 days and 11 weeks + 6 days as well as foetal **nuchal fold** thickness measurement in the early pregnancy ultrasound scan. This screening investigates the risk of the most common chromosomal number abnormalities. You will receive the screening results at the ultrasound scan appointment, and they will also be available in Omakanta. It is important that the blood test is taken at the right time and before the ultrasound scan, otherwise the risk calculation cannot be performed. You can get a laboratory referral from your own maternity and child health clinic. Make your own laboratory appointment well in advance ([www.nordlab.fi](http://www.nordlab.fi)).

**The second trimester morphology ultrasound** is performed between 20 weeks + 0 days and 21 weeks + 6 days or 24 weeks + 1 day and 28 weeks + 0 days of the pregnancy to detect severe structural abnormalities. The scan checks the structures and measurements of the foetus as well as the amount of amniotic fluid and the position of the placenta. The appointment for the morphology ultrasound is booked at the first trimester ultrasound scan appointment.

**Please note**

If a suspicion of an anomaly arises, you will be offered the opportunity to undergo further examinations at the Oulu University Hospital (OYS) Foetal Testing Unit. Please recall that even a normal result of a foetal screening test does not always guarantee the child's health. Not all abnormalities and illnesses can be detected during pregnancy.

The second trimester ultrasound scan is performed with a transabdominal ultrasound, however, sometimes a transvaginal ultrasound is also needed.

You must bring your maternity card with you. Any navel jewellery has to be removed before the scan. You can take only one person with you for support to the ultrasound scan. Children are not welcome to the appointment.

Early pregnancy ultrasound and structural ultrasound examinations are voluntary and free of charge. A client fee will be charged for all other ultrasound examinations. A penalty fee shall be charged for no-show appointments. If you fall ill, you can cancel or change your ultrasound appointment, tel. 08 315 3160 (Mon-Thu 8-15 and Fri 8-14)



Scan QR code:

Pohde foetal screening info website and OmaOYS online booking  
<https://pohde.fi/palvelut/sikiöseulonnat/>

Visiting address:

**Foetal Screening Unit Oulu**

OYS D Building (former Oulu City Hospital)

Kiviharjuntie 5, 1st floor

90220 Oulu

tel. 08 315 3160