

## Information about prenatal screening tests in pregnancy

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Pohde offers pregnant women the following prenatal screening tests in accordance with the Government Decree on Screenings (1243/2022):

**The first trimester general ultrasound scan is usually carried out between 12 weeks + 0 days to 13 weeks + 6 days of pregnancy.** The ultrasound shows the baby's heartbeat, gestational length as well as the position and number of fetuses. Some of the more severe abnormalities in the structure of the fetus may be detected already at this stage of pregnancy. An appointment for the first trimester ultrasound shall be booked at the first visit to the maternity clinic.

**If you wish to take part in prenatal screening tests for fetal chromosomal conditions (trisomy 18 and 21), the first trimester combined screening test is the primary screening method for chromosome abnormalities.** The test includes a serum screening test between **9 weeks + 0 days** and **11 weeks + 6 days** and general ultrasound scan between **12 weeks + 0 days** and **13 weeks + 6 days** of pregnancy. The combined result of the blood test and nuchal translucency screening can detect approximately 80 % of the fetuses who have a higher chance of chromosome abnormality. In early pregnancy, combined screening test is possible also for women pregnant with twins. The screening results will be given at the ultrasound scan consultation and also on My Kanta Pages.

**The second trimester morphology ultrasound is performed between 20 weeks + 0 days and 21 weeks + 6 days or 24 weeks + 1 day and 28 weeks + 0 days of the pregnancy to detect severe structural anomalies.** The scan checks the structures and measurements of the fetus as well as the amount of amniotic fluid and the position of the placenta. The appointment for the morphology ultrasound is booked at the first trimester ultrasound scan appointment.

Ultrasound scans are usually performed with a transabdominal ultrasound, however, sometimes a transvaginal ultrasound is also needed. **Take your maternity card and possibly a referral to the serum screening test with you to the scan.** Any navel jewellery has to be removed before the scan. You can take **only one person** with you for support to the ultrasound scan. **Children are not allowed to attend the scan.**

**The ultrasound scans for fetal screening, i.e. the first trimester general ultrasound scan and the morphology ultrasound scan, are voluntary and free of charge. A client fee is charged on other ultrasound scans and doctor's consultations at the Central Maternity Clinic.**

**A penalty fee shall be charged for no-show appointments.**

Ultrasound scans can be cancelled by calling the Oulu maternity clinic service tel. 08 669 2038 Mon–Thu between 8–15.45 and Fri between 8–14.45

**Visiting address:**

Keskusneuvola, Central Maternity Clinic  
Building D (Oulu City Hospital)  
Kiviharjuntie 5, 1st floor  
90220 Oulu

**For more information** (in Finnish and Swedish):

<https://www.terveyskyla.fi/naistalo/raskaus-ja-synnytys/ultraäänitutkimukset-ja-sikiöseulonnat>